

22-23 COVID-19 SECC Health & Safety Protocols (K-12)

(Last Updated August 1, 2022)

This document provides a summary of the key health and safety protocols relating to COVID-19 for the 2022-2023 school year according to the California Department of Public Health (CDPH). Please refer to the official CDPH guidelines for the full guidelines. If you have any questions, please email Trevan Osborn at: trevan.osborn@seccda.org or text/call: 909-420-5841.

Source Document

CDPH K-12 Guidance (Updated June 30, 2022)

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2022-23-School-Year.aspx>

Face Masks

- Wearing masks is optional.
- Two situations in which masks should be worn are:
 - A COVID-19 positive individual who subsequently tests negative and is able to return between day 6-10 of their isolation period should mask until a full 10 days have passed from symptom onset or positive test (if asymptomatic).
 - Any individual exposed to a COVID-19 positive individual should mask for 10 days after exposure.
- Guidance for the use of face masks in CA can be viewed here:
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-for-Face-Coverings.aspx>

Isolation & Quarantine Guidelines

These specific guidelines are found here:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx>

Anyone with COVID-symptoms, regardless of vaccination status or prior infection

- Isolate and test immediately (Antigen tests which can be taken at home and self administered are recommended).
- If negative, keep individual home until at least 24 hours have passed since resolution of fever without the use of fever-reducing medications and other symptoms are improving.
 - Recommended to test again after several days to confirm the negative result.

Anyone testing positive for COVID-19 (regardless of vaccination status, previous infection, or lack of symptoms)

- Inform the school of the positive diagnosis.
- Stay home for at least 5 days after the start of symptoms (or after the date of first positive test if no symptoms).
- Isolation can end after Day 5 if symptoms are not present or are resolving and a diagnostic specimen (antigen test preferred) collected on Day 5 or later tests negative.
- If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications. A negative test is not required to return after day 10.
- If fever is present, isolation should be continued until 24 hours after fever resolves.
- Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings

Anyone exposed to someone with COVID-19 (except those infected within last 90 days)

- Exposure is defined as someone sharing the same indoor airspace (i.e. classroom) for a cumulative total of 15 minutes or more over a 24-hour period.
- Can continue to participate in all elements of school life.
- Test within 3-5 days after last exposure. Confirmation of a negative test does NOT need to be provided to the school.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease.
- If symptoms develop, test and follow the above protocols.

Other Recommendations

- Optimize indoor air quality. See recommendations here:
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID-19-and-Improving-Indoor-Air-Quality-in-Schools.aspx>
- Schools should teach and reinforce proper handwashing to lower the risk of spreading viruses, including the virus that causes COVID-19.
- Schools should teach and reinforce covering coughs and sneezes to help keep individuals from getting and spreading infectious diseases, including COVID-19.
- In general, routine cleaning will be adequate.
- Schools should check with their county health department regarding reporting requirements for COVID-19 cases in their schools.